

# Spring Into Summer...

Lose 10-15 pounds in 7 weeks\*  
And Be Pampered

Sign Up Now And Be Pampered With A Special Treat Each Week!



- Leader in the weight loss industry for over 35 years.
- Individualized programs
- One-on-One counseling
- Body Fat Analysis

- Group Session with a Personal Trainer & a training tip each week



- Free Massage
- Free Hair Consultation



- Free Manicure
- Free Cosmetic Consultation



- See the newest in Work-out Clothing & Accessories
- Showcase: New Looks For The Season & Styles For Your Body Type

- Final Celebration



**STARTS MAY 18, 2009 Call Today! 401-739-9299**  
**Be Ready For Summer - 7 Weeks For Only \$299**

\*Individual results may vary